

# PERSONAL DISCIPLEMAKING MINI TOOL KIT

FOR

# CHRISTIAN FUNDAMENTALS

- Instructions
- 'Christian Fundamentals' Profile Statements
- Self-Assessment Questionnaire
- Disciple's Growth Profile Chart with Key

**DISCIPLE MAKERS®**  
**I N T E R N A T I O N A L**

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## HOW TO USE THE PERSONAL DISCIPLEMAKING TOOL KIT FOR CHRISTIAN FUNDAMENTALS

1. **Read the book!** If you haven't already read *Personal Disciplemaking*, that's your first step. It outlines principles and procedures crucial to the proper use of the kit.
  2. **Make a copy of the Self-Assessment Questionnaire and Growth Profile Chart.** Keep a set as a master copy.
  3. **Give the disciple the Self-Assessment Questionnaire** and allow him to complete the questionnaire in private, giving him plenty of time to ponder the questions. The best idea is to give it to him a few days before your planned meeting.
  4. **Schedule a 45-minute to 1-hour appointment with him** to discuss the questionnaire.
  5. **Go over each question with him.** To stimulate conversation and further illumine his thoughts, convictions, practices and hang-ups, pose additional questions, such as:
    - What makes you so positive about this answer?
    - Why do you feel you are weak in this area?
    - How long have you felt this way?
    - You say you have an average knowledge about this area. What are some of the things you've learned about it?
    - When did you first notice these tendencies?
    - What do you think might help you in this area?
    - Why do you or don't you feel this area is so important?
- Remember:** This questionnaire is not to provide some kind of scientific assessment. Its main function is to act as a springboard into further, deeper conversations with your disciple, which will aid you in the spiritual assessment process.
6. As soon as feasible, **spend some time alone with the Lord**, asking Him for wisdom and insight. Then lay out your disciple's Growth Profile Chart, the Profile Statements, and your disciple's completed questionnaire in front of you. Look at each numbered Profile Statement and ask yourself one question: "Does my disciple need any more input in this area?" Consult his questionnaire and the Key, and recall your conversation. If you are convinced the answer is, "No, he does not need more input," place a check mark on his Growth Profile Chart next to that Profile Statement number. If the answer is, "Yes, he needs more input," leave it blank, or write a short explanatory statement there.
  7. To determine your next step, **look for** any blanks on the Profile Chart. Those are the first training objectives to pursue. You may or may not elect to take them in numerical order. Allow the Lord to lead you. Ask, "What is my disciple's next, most crucial step of growth?"
  8. If the disciple has all these areas squared away, you may want to consider doing a full-scale assessment. This can be found in the "unabridged" Personal Disciplemaking Tool Kit available from Disciplemakers International.
  9. When you have decided upon a single training objective to pursue, **consult some of the following resources** to tailor-make a program that will meet your disciple's need (also: see back page):
    - *Personal Disciplemaking*
    - Pastor
    - Your discipler
    - Missionary/para-church ministry staff members
    - Other lay disciplers
    - Bible concordance and commentaries
    - Church library
    - Christian bookstore manager
    - Bible college or seminary librarian
    - Your sermon notes
    - Your own experiences, memories and creative mind
  10. Use a "**One-to-One Diary**" to write down your meeting plans and to record what happens during them.
  11. **Track your disciple's progress** by checking off completed training objectives on his Growth Profile Chart. Note: He probably will fulfill some training objectives on his own, with no input from you. Check those off as well, as you become aware of them.

# CHRISTIAN FUNDAMENTALS

## PROFILE STATEMENTS

- 1. Assurance of Salvation** - The Disciple is sure that if he has honestly asked Christ to enter his life:
  - a) Christ has indeed come into his life;
  - b) He has been re-born as a whole new creation;
  - c) His sins — past, present and future — have been forgiven;
  - d) A new relationship has been established between him and God;
  - e) He will never again be separated from God.
- 2. Scope and Significance of Salvation** - The Disciple understands in greater detail the scope and significance of what occurred when he invited Christ into his life, producing a deeper commitment and greater motivation to go on with Christ.
- 3. Filling of the Holy Spirit** - The Disciple has a basic understanding and avails himself of the ministry of the Holy Spirit.
- 4. Identity in Christ** - The Disciple has a basic understanding of his new identity in Christ and the struggle that exists between his old nature and his new nature.
- 5. Basic Growth Principles** - The Disciple has a basic understanding of spiritual growth principles and is aware of the beneficial influences of time, adversity and the sovereignty of God.
- 6. In Fellowship** - The Disciple has a basic understanding of the importance of Christian fellowship and is beginning to attend Christian functions.
- 7. In the Word** - the Disciple has a basic understanding of the importance of Biblical input, the physical layout of the Bible, and has begun to read it on his own.
- 8. Prayer** - The Disciple has a basic understanding of prayer, knows the fundamentals of prayer, and is beginning to pray on his own.
- 9. Witnessing** - The Disciple has a basic understanding of witnessing, knows the primary elements of the Gospel and can tell another how to become a Christian.
- 10. Spiritual Warfare** - The Disciple has a basic understanding of the fundamental facts concerning adversity, Satan, temptation and sin.
- 11. Time Management/Stewardship** - The Disciple has a basic understanding of the principles of Biblical stewardship, encompassing his time, talent and treasure.
- 12. Vision** - The Disciple understands how significant he is to the advance of the Kingdom of God, has a clear picture of some of the broad plans God has in mind for him, and is motivated to actively pursue his spiritual development and his relationship with God.

## List of Resources

The following materials from Campus Crusade for Christ, Int'l, provide ideas and resources for helping your disciple in these twelve fundamental areas of growth. These can all be ordered from New Life Resources: 1-800-827-2788 or [www.campuscrusade.com](http://www.campuscrusade.com).

1. Assurance of Salvation
  - Personal Disciplemaking* Chapter 9
  - Connecting With God* Chapter 1
  - Four Spiritual Laws* booklet
  - 10 Basic Steps Introduction: *The Uniqueness of Jesus*
  - Follow-Up Series #1 *Your New Life In Christ*
  - Discipleship Series Book 1, Chapter 1
  - Transferable Concepts 1 *Be Sure You're a Christian*
2. Scope and Significance of Salvation
  - Personal Disciplemaking* Chapter 10
  - Connecting With God* Chapter 2
  - Four Spiritual Laws* booklet, pp.12-13
  - 10 Basic Steps Introduction: *The Uniqueness of Jesus*
    - Book 1 *Adventure*: Lessons 1, 2
  - Follow-Up Series #1 *Your New Life In Christ*
  - Discipleship Series Book 1, Chapter 1
  - NLTC Intermediate: Lesson IM01
3. Filling of the Holy Spirit
  - Personal Disciplemaking* Chapter 11
  - Connecting With God* Chapter 3
  - The Holy Spirit* booklet
  - 10 Basic Steps Book 1 *Adventure*: Lesson 3
    - Book 2 *Abundant Life*: Lessons 4, 5
    - Book 3 *Holy Spirit*: Lessons 1-6
    - Book 7 *Witnessing*: Lesson 6
  - Follow-Up Series #2 *Your New Life In God's Love*
  - #3 *Your New Life In The Spirit*
  - Discipleship Series Book 1, Chapters 2-4
    - Book 2, Chapter 5
    - Book 3, Chapter 8
  - Transferable Concepts #2 *Experience God's Love*
  - #3 *Filled With the Spirit*
  - #4 *Walk in the Spirit*
  - NLTC Basic: Lessons BM01, BM02, BM03
4. Identity In Christ
  - Personal Disciplemaking* Chapter 12
  - Connecting With God* Chapter 4
  - 10 Basic Steps Book 2 *Abundant Life*: Lessons 1-2
    - Book 6 *Obedience*: Lesson 1
  - Discipleship Series Book 2, Chapter 5
    - Book 3, Chapter 1
  - NLTC Intermediate: Lesson IM03
5. Basic Growth Principles
  - Personal Disciplemaking* Chapter 13
  - Connecting With God* Chapter 5
  - Four Spiritual Laws* booklet, pp.14-15
  - 10 Basic Steps Book 1 *Adventure*: Lesson 4
    - Book 2 *Abundant Life*: Lesson 2
    - Book 6 *Obedience*: Lessons 1-6
  - Follow-Up Series #4 *Growing in Your New Life*
  - Discipleship Series Book 1, Chapter 6
    - Book 3, Chapter 8
6. In Fellowship
  - Personal Disciplemaking* Chapter 14
  - Connecting With God* Chapter 6
  - Four Spiritual Laws* booklet, p.15
  - 10 Basic Steps Intro: *The Uniqueness of Jesus*, Lesson 6
    - Book 1 *Adventure*: Lesson 6
  - Follow-Up Series #5
  - Transferable Concepts #8 *Love By Faith*
7. In The Word
  - Personal Disciplemaking* Chapter 15
  - Connecting With God* Chapter 7
  - 10 Basic Steps Book 1 *Adventure*: Lesson 5
    - Book 5 *Bible*: Lessons 1-7
    - Book 7 *Witnessing*: Lesson 4
    - Book 9 *Old Testament*: Lessons 1-6
    - Book 10 *New Testament*: Lessons 1-6
  - Discipleship Series Book 2, Chapter 2
    - Book 5, Chapter 2
    - Book 7
  - NLTC Intermediate: Lesson IM02
8. Prayer
  - Personal Disciplemaking* Chapter 16
  - Connecting With God* Chapter 8
  - Four Spiritual Laws* booklet, p. 10
  - 10 Basic Steps Book 4 *Prayer*: Lessons 1-6
    - Book 7 *Witnessing*: Lesson 5
  - Discipleship Series Book 2, Chapter 2
  - Transferable Concepts #9 *How to Pray*
  - NLTC Intermediate: Lesson IM04
9. Witnessing
  - Personal Disciplemaking* Chapter 17
  - Connecting With God* Chapter 9
  - Four Spiritual Laws* booklet
  - 10 Basic Steps Book 7 *Witnessing*
  - Discipleship Series Book 1, Chapter 5
    - Book 2, Chapters 3-4
    - Book 3, Chapter 4
  - Transferable Concepts #5 *Fruitful Witness*
  - #6 *Introduce Others*
  - NLTC Basic: Lesson BM04, BM05, BS01, BS02, BS03
10. Spiritual Warfare
  - Personal Disciplemaking* Chapter 18
  - Connecting With God* Chapter 10
  - Holy Spirit* booklet
  - 10 Basic Steps Book 2 *Abundant Life*: Lessons 6,7
  - Discipleship Series Book 1, Chapter 2
    - Book 3, Chapter 2
  - NLTC Basic: Lesson BM03
11. Time Management
  - Personal Disciplemaking* Chapter 19
  - Connecting With God* Chapter 11
  - 10 Basic Steps Book 8 *Stewardship*: Lessons 1,2
  - Discipleship Series Book 3, Chapter 7
  - NLTC Leadership: Lesson LM03 (Time)
12. Vision
  - Personal Disciplemaking* Chapter 20
  - Connecting With God* Chapter 12
  - Discipleship Series Book 2, Chapters 6,7
    - Book 3, Chapter 9
  - Transferable Concepts #7 *Great Commission*
  - NLTC Basic: Lessons BM05, BS05, BM00
  - NLTC Leadership: Lesson LM04

\* NLTC = New Life Training Center Materials

# SELF-ASSESSMENT QUESTIONNAIRE

Name \_\_\_\_\_

Date \_\_\_\_\_

## CHRISTIAN FUNDAMENTALS

Directions: Answer each question by *circling* the most appropriate answer. Don't be tempted to respond untruthfully to put yourself in a more positive light, or to say what you think people want to hear -- answer honestly. If none of the options are quite right, choose the one that is closest, and put a question mark in the margin next to that question.

1. I am [*not sure, fairly sure, mostly sure, positive*] that if I were to die today, I would immediately go to heaven.
2. I have [*minimal, partial, average, pretty good, thorough*] knowledge of what the Bible is talking about when it says I am a "new creation".
3. I am [*not sure, fairly sure, mostly sure, positive*] that all my sins have been forgiven.
4. I am [*not sure, fairly sure, mostly sure, positive*] that before I met Christ and invited Him into my life, I was a sinner headed for hell.
5. I am [*not sure, fairly sure, positive*] that my salvation is permanent, and that I will never again be separated from God.
6. I have [*minimal, partial, average, pretty good, thorough*] knowledge about the many important changes that occurred in me after I asked Christ into my life.
7. I have [*minimal, partial, average, pretty good, thorough*] understanding of how to be filled with the Holy Spirit.
8. I have [*minimal, partial, average, pretty good, thorough*] knowledge of the tension that exists between my new nature and my old nature, and why I still struggle with temptation even though I am a "new creation".
9. I have [*minimal, partial, average, pretty good, thorough*] knowledge about the activities I can undertake that will help me grow spiritually in a balanced, steady fashion.
10. I have [*minimal, partial, average, pretty good, thorough*] understanding of why it is important for me to be involved actively in fellowship with other Christians.
11. I [*never, rarely, sometimes, weekly, twice a week*] attend church.
12. I [*never, rarely, sometimes, frequently*] read the Bible.
13. I [*don't understand, have some idea, have a fairly good idea, know very well*] what people mean when they call the Bible the "Word of God".
14. I know that prayer is simply talking to God, and I don't have any real difficulty doing it. [*agree, disagree, not sure*]

15. On the average, I have a period of personal, concentrated prayer \_\_\_\_\_ days a week, each session lasting about \_\_\_\_\_ minutes.
16. Right now, I could do a [*poor, fair, good, great*] job of telling another person how to become a Christian if the opportunity presented itself.
17. I feel [*petrified, hesitant, willing, strongly motivated*] about telling others how they might come to a saving knowledge of Christ.
18. I am [*not sure, fairly sure, mostly sure, positive*] that adversity is a normal part of the Christian life. When I experience trials, I [*never, rarely, sometimes, often*] get mad at God and [*never, rarely, sometimes, often*] go to Him for help.
19. I [*don't believe, am not sure, know*] that Satan is real and that he seeks my downfall, and I have [*no, some, extensive*] knowledge about how to resist him.
20. I have [*no, some, average, fairly good, thorough*] knowledge of what to do to restore fellowship between God and myself when I have sinned.
21. I am [*terrible, fair, pretty good, very good*] at managing my finances, including debt management, a savings plan and giving to the Lord's work.
22. I am [*terrible, fair, pretty good, very good*] at managing time, goals and priorities in my life.
23. I have [*no, a vague, a fairly clear, a very clear*] idea about what I want to accomplish in life.
24. I have a workable program in place that helps me set and reach personal goals successfully while managing my day-to-day activities effectively.  
[*agree, disagree, "sort of"*]
25. I [*don't see, am not sure, think maybe, know*] that I have talents, skills and gifts that can be used in the advancement of the kingdom of God.
26. I see myself as having the potential of being [*minimally, somewhat, very, extremely*] significant to the advancement of the kingdom of God.
27. I would say at this point I am [*minimally, somewhat, very, extremely*] motivated to actively pursue my spiritual development and my relationship with God.

# CHRISTIAN FUNDAMENTALS

## Growth Profile Chart

Name \_\_\_\_\_

Date \_\_\_\_\_

Directions: Match the questions on the Christian Fundamentals Self-Assessment Questionnaire to the Newborn Care profile statements on Disciplemaking Growth Grid using the key below. Ask yourself, for each statement, whether it is true for the disciple. Write your comments and thoughts (in pencil) below. Use this profile as you pray to determine what the Holy Spirit would have you address with the disciple as the next, most crucial step of growth. Use it also to track the disciple's growth.

1. Assurance of Salvation
  - a.
  - b.
  - c.
  - d.
  - e.
2. Scope and Significance of Salvation
3. Filling of the Holy Spirit
4. Identity in Christ
5. Basic Growth Principles
6. In Fellowship
7. In the Word
8. Prayer
9. Witnessing
10. Spiritual Warfare
11. Time Management/Stewardship
12. Vision

Recommendation for the next, most crucial step:

### Questionnaire Key:

Profile		Profile	
Statement #	Question #	Statement #	Question #
1a	1	5	9
1b	2	6	10,11
1c	3	7	12,13
1d	4	8	14,15
1e	5	9	16,17
2	6	10	18,19,20
3	7	11	21,22,23,24,25
4	8	12	26,27

## Disciple's Personal Information Sheet

Name \_\_\_\_\_

Address \_\_\_\_\_

Employment \_\_\_\_\_

Birthday \_\_\_\_\_

Date Received Christ \_\_\_\_\_

Church \_\_\_\_\_

Date Started Discipling \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

### Family

Spouse \_\_\_\_\_ Birthday \_\_\_\_\_

Anniversary \_\_\_\_\_

Children \_\_\_\_\_ Birthday \_\_\_\_\_

\_\_\_\_\_ Birthday \_\_\_\_\_

\_\_\_\_\_ Birthday \_\_\_\_\_

### Background

Educational: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Hobbies, sports, recreation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Religious: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Spiritual Gift(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Family: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Acquired Skills: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous Ministry Training: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Natural Talent(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Previous Ministry Involvement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

His or Her Disciples: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Ministry Involvement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_